



Barbara Posner holds a bachelor's degree in early childhood education from Wheelock College, Boston, MA, and a master's degree in sociology and education from Teachers' College, Columbia University, NY. She is a NY State certified Special Education teacher. Her postgraduate training includes extensive course work in Special Education, English as a Second Language and parenting education.

In 1980, she founded the Northern Westchester Parent Child Group, a parent education and support group in Bedford, NY. Barbara served as their Director until 1989 and as a group facilitator and educator until 1996.

In 1993, Barbara was appointed to the Board of Directors of Children and Adults with Attention Deficit Disorder of Westchester County, NY (ChADD) and served as Vice President and the head of their speakers' bureau. She is also a member of the Independent Educational Consultants Association (IECA) and a member of the Child Psychiatric Research Community Advisory Board at Columbia University, College of Physicians & Surgeons.

In 1997, Barbara founded Educational Resources to support and place students with special needs in schools and programs.

Barbara is the mother of three children, two of whom have special needs.

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Special Programs for Special Students

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Realizing that your child has special needs — whether the difficulties are social, emotional, behavioral, or academic — can seem overwhelming. Where do you begin? What is involved in making a diagnosis? What do the test results mean? What kind of school will meet your child’s needs? How do you select the most appropriate program?

Navigating the Mental Health Profession

Diagnosis is a complex, time-consuming process that must be directed by a team of experienced professionals. It is important for a parent to pinpoint possible causes for the child’s symptoms. A full evaluation often includes:

- ~ Family History
- ~ Developmental History
- ~ Teacher and Parent Rating Scales
- ~ Physical Exams, Hearing, and Vision Tests
- ~ Educational and Neuropsychological Testing
- ~ Speech and Language Evaluation

We can help you select professionals and interpret the results.

Bridging the Gap from Evaluation to Recommendation

Treatment is also an interdisciplinary effort, requiring ongoing communication among members of the treatment team — parents, doctors, psychologists, therapists and

teachers. Interventions may include educational, environmental, and behavioral approaches, as well as medication.

We can help you understand the recommendations of the professional team and coordinate their efforts.

Supporting Families

Living with a special-needs child can be challenging for everyone involved. We can:

- ~ Provide intensive family support during crisis situations
- ~ Direct you to specific agencies and support groups that can help
- ~ Help you learn to set appropriate boundaries

We can help you identify new approaches to parenting that can lead to a more satisfying family life.

Educational Placement

We work with students from elementary school through high school and can provide referrals to wilderness programs, therapeutic boarding schools, emotional growth schools, supportive day/boarding schools, residential treatment centers, and post-secondary programs nationwide. We have visited every program that we suggest. In order to find the most appropriate program for your child, we will review written reports and evaluations and meet with the parents to identify the next steps. We will observe the student in school

whenever possible, and then meet or speak with classroom teachers, speech and language specialists, psychologists, therapists and other professionals who work with the student. We can also attend Committee on Special Education (CSE), meetings when appropriate.

We can:

- ~ Advocate for your child
- ~ Maximize your student’s current classroom situation
- ~ Optimize local school support services such as Resource Room, Special Education programs, alternative classroom settings, or BOCES
- ~ Select a private day or boarding school that provides programs for students with learning and emotional difficulties
- ~ Find the right residential or wilderness treatment program.
- ~ Followup with the student in the new program for one year

We can help you select the most appropriate school setting for your child.

Parents of a child who is experiencing difficulty often feel isolated and bewildered. Our goal is to place your child in a supportive learning environment and to support you in your effort to become an effective advocate for your child.



Myrna Harris has spent over 25 years as a special educator, teaching and leading in a variety of settings: hospitals, residential treatment centers and urban and suburban school districts. For the past 20 years, she has been a member of the Hendrick Hudson School District Committee on Special Education, a Department Leader, and for the past ten years, the Chairperson of the Subcommittee on Special Education.

Myrna attended Fordham University and Teachers College, Columbia University for her postgraduate degrees in Special Education and Educational Leadership. She is a New York State certified Special Education Teacher and a School and District Administrator with additional training in Life Space Crisis Intervention. As an Adjunct Instructor of Special Education courses and a speaker to both educators and parents, she has given numerous workshops and seminars on meeting the instructional and behavioral needs of students with challenges.

Myrna is a member of the Council for Exceptional Children (CEC) and the Independent Educational Consultants Association (IECA).

Myrna is committed to finding appropriate educational opportunities for children who are struggling and looks forward to bringing her expertise and experience to Educational Resources Unlimited, LLC and the families we serve.

Myrna and her husband have two grown children, each with their unique challenges.
